

# Strengthening Your Family

Join us as we examine the five protective factors:



- Parental resilience
- Social connections
- Concrete support in times of need
- Knowledge of parenting and child development
- Social & emotional development in young children

Scientific research shows that there are positive changes you can make to build a strong family.

**When: Wednesday, January 16, 5:30—7:30pm**

**Where: ICES Office, 20993 Niagara River Drive, Sonora**

**RSVP: (209) 533-0377**

Limited child care is available for this class—call early!



**Raising Healthy Families**  
Infant/Child Enrichment Services



*Class funded by:*

